

Social Work Practice Professional Claudia Arthrell, MSW, ACSW, LCSW

Claudia's effective counseling and teaching skills have contributed to the success of Family and Children's Services for over 35 years. In this time Claudia has served as a therapist, a supervisor, a program developer, and a trainer. Claudia oversees three court programs, the intern program, and the agency's divorce and education programs. She conducts seminars on Stress Management, Psychological First Aid, and Helping Children Cope with Divorce.

Claudia has been recognized by the Oklahoma Marriage and Family Therapy Association as an Outstanding Clinician, was awarded the Pinnacle Award by the Mayor's Commission on the Status of Women and, most recently, the Mental Health Association of Tulsa recognized Claudia for her significant contributions to the Tulsa community.

Over this time, she's maintained a private practice in individual, marriage, and family therapy and is a collaborative divorce coach, mediator, life coach, and writer. As a monthly writer for Tulsa Kids for over 25 years, Claudia won the National Parenting Publications Awards for her "Tweens & Teens" column five times. Claudia has been quoted in 30 Tulsa World articles, and for 10 years she appeared regularly on "Families First", a segment of the KOTV noon show with Glenda Silvey.

What Claudia treasures most is her family, Dan, Justin and Mykey and their wives, Kelly and Margaritte, her three grandchildren, Millie, Sage, and Ash along with having been able to be part of the lives of families, children, teens, and adults she's counseled through tough times.