The field education contract serves as an ongoing resource for practicum activity and assignment planning; instructor feedback and student self-evaluation; and the student’s final evaluation. It is based on core social work competencies defined by our accrediting body, the Council on Social Work Education.

In 2008 the CSWE adopted a competency based approach to social work education and revised its educational standards. The Council established ten (10) core competencies comprised of social work knowledge, values and skills. The Council further suggested forty-one (41) practice behaviors by which students could demonstrate the integration and application of the competencies.

The University of Oklahoma Anne & Henry Zarrow School of Social Work is accountable to the Council to ensure that students have the opportunity to acquire each competency and to evaluate each student to determine the extent to which the competencies have been achieved. The Zarrow School has adopted all forty-one CSWE Practice Behaviors, and all of them have been designed into this contract. Required Practice Tasks further operationalize the practice behaviors for the purpose of competency demonstration in the field setting. These tasks ask the student to tie classroom knowledge to its application in practice. In order to accomplish the practice tasks, each student and field instructor will develop a Work Plan of assignments and activities grounded in the mission, culture, and work of the practicum site. During the practicum, the contract will act as a guide for the instructor and student as they utilize the site to bring to life in a practice setting the signature broad perspective of the social work profession. The work plan can be continually revised in response to ongoing feedback about student performance, new opportunities that come along or changes taking place at the practicum site. Both student and instructor can make helpful notes for themselves along the way and include them in the contract. Finally, the student and instructor will work together continually to Evaluate Student Performance of activities and assignments included in the work plan for each practice behavior. This evaluation can be an ongoing process generated by discussions at supervision conferences. In this way, the student can receive continuous instructive feedback about performance and new ideas can be generated to offer the student the best possible chance to succeed in the practicum.

*This education contract is based on the contributions of Ginger Cooke Robbins, Director of Field Practicum at the University Of Houston Graduate College of Social Work. Of particular importance to the Zarrow contract is the work Ginger and her field program faculty and affiliates have done to operationalize the CSWE practice behaviors for the purpose of student demonstration of competency in a practicum setting.*
Instructor and Student Self Assessment Summary

In order to assist with the development of the field practicum contract, students have been asked to do a **Student Self Assessment** in preparation for their initial supervisory conferences. Please check to signify that you have received a copy of your student’s self assessment.

Students are required to provide a copy of their current resume to their field instructor. Please check to signify that you have received a copy of your student’s resumé.

Based on discussion of the **Student Self Assessment** and any additional instructor assessment related to the development of practicum assignments, student and instructor have identified the following practicum guidelines for this student:

<table>
<thead>
<tr>
<th>Student’s strengths:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student’s challenges:</td>
</tr>
<tr>
<td>Student’s learning needs &amp; goals:</td>
</tr>
<tr>
<td>Student’s needs of supervision:</td>
</tr>
<tr>
<td>Practicum objectives for this student:</td>
</tr>
</tbody>
</table>

|
Evaluation Instrument SWK 5816

The following evaluation instrument is built into the education contract. This design should assist field instructors as they provide students with ongoing feedback about their performance. When preceptors have been included in the plan for practicum supervision, their feedback must somehow be incorporated into this process.

Each practice behavior is divided into two developmental levels. Although feedback and evaluation are best as an ongoing dialogue, all placements have two official grading periods, one for each level. In full time (block) placements, level one is evaluated at mid-semester. In two semester placements, level one is evaluated at the end of the first semester. This first evaluation is always referred to as the “Mid-Practicum Evaluation.” In all placements, level two is evaluated at the end of the practicum and is always referred to as the “Final Evaluation.”

At the end of each evaluation period the field instructor and student jointly review the student’s performance in terms of the criteria specified. The field instructor then assigns official Evaluation Instrument ratings for the practice behaviors included in that level. These ratings must be based on actual performance at the level being evaluated, as opposed to anticipated progress during the remainder of the practicum. The field instructor provides a narrative description of “evidence to support” all ratings. Student and instructor together can develop “strategies to increase competence” throughout the practicum, i.e. ways in which practice behaviors and ratings can be further improved. In this way, feedback and improvement planning are structured into ongoing development of the education contract. When warranted, strategies to increase competence must be developed more formally by the field instructor and faculty field liaison as a school-required Performance Improvement Plan and included in the Evaluation of Student Performance narrative which appears at the end of the Field Practicum Contract.

On the scale provided after each practice behavior, please indicate level of performance by checking the appropriate box.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
</tr>
</thead>
</table>
| AC     | Advanced Competence  
         Expertly demonstrates awareness, knowledge and skills as a social work intern. |
| C      | Competence  
         Consistently demonstrates awareness, knowledge and skills as a social work intern. |
| EC     | Emerging Competence  
         Demonstrates beginning awareness, knowledge and skills as a social work intern. |
| IP     | Insufficient Progress  
         Rarely demonstrates awareness, knowledge and skills as a social work intern. |
| UP     | Unacceptable Progress  
         Never demonstrates awareness, knowledge and skills as a social work intern. |

* The structure of this evaluation instrument and the rating scale were developed by the Office of Field Education at the University of Texas, Austin.
Educational Plan  
Competency Area, Practice Behaviors & Practice Task  
Work Plans: Specific Practicum Activities & Assignments

This section of the Field Practicum Contract includes competencies which establish guidelines for the student’s professional and ethical approach to the practicum experience. It focuses on the incorporation of the values of the profession and the development of professional identity. It outlines ways that a student may take advantage of the mentoring relationship in the practicum and move towards professional autonomy.

All social work students must be familiar with and are bound by the provisions of the University of Oklahoma Anne & Henry Zarrow School of Social Work Academic and Professional Behavior Policy. Included in this policy are standards for professional behavior which must be incorporated into and met during this practicum.

A. SUPERVISION: Exhibit personal responsibility for effective use of supervision and consultation; develop a practice of soliciting, receiving, accepting and utilizing constructive guidance and feedback to improve practice; incorporate supervision into a developmental progression towards autonomous social work practice.

Practice Tasks

1. Utilize supervision for feedback and ongoing development of the field education contract.
2. Prepare for supervision with questions, cases, concerns and issues to analyze, critique, and discuss.
3. Use supervision to explore and integrate differential use of self in professional relationships.
4. Use supervision to integrate classroom learning in the practice setting.
5. Actively seek out and utilize supervisory feedback to evaluate and improve practice.

Plan for Supervision:

Revisions:

Evidence to support rating:

Strategies to increase competence:

<table>
<thead>
<tr>
<th>UP</th>
<th>IP</th>
<th>EC</th>
<th>C</th>
<th>AC</th>
</tr>
</thead>
</table>

B. PROFESSIONAL BEHAVIOR: Exhibit personal responsibility for professional behavior.

Practice Tasks

School required professional behavior standards are set forth in the Anne & Henry Zarrow School of Social Work Academic and Professional Behavior Policy. This policy can be found in the Master of Social Work Handbook and in the Field Practicum Manual, both of which are located on the school website: www.ou.edu/socialwork

Work Plan:

Revisions:

Evidence to support rating:

Strategies to increase competence:
C. VALUES AND ETHICS: Apply social work values and ethical standards to social work practice.

Practice Tasks

1. Articulate how the values embraced by the social work profession guide work with vulnerable and/or oppressed client populations at the practicum site.

2. Identify personal values as they reflect or conflict with the values of the profession, i.e. respect for the strengths, dignity and worth of every individual; non-judgmental attitude; the right to self-determination; the right to a just share of society’s resources, etc.

3. Recognize, resolve, or manage personal values in ways that allow professional values and ethics to guide practice.

4. Demonstrate the ability to understand and articulate the differences between personal, professional and organizational values and points of view.

5. Articulate with field instructor how to remain appropriately and effectively involved in the delivery of services when not approving of the client’s behavior or choices.

6. Recognize ethical dilemmas when they occur in practice.

Work Plan:

Revisions:

Evidence to support rating:

Strategies to increase competence:

D. PROFESSIONAL IDENTITY: Identify as a professional social worker in the practice setting and ensure client access to all social work services.

Practice Tasks

1. Distinguish the social work perspective from the perspectives of other professional approaches.

2. Describe the social worker’s scope of professional responsibility and authority at the practicum site.

3. Discuss with field instructor any personal challenges or concerns with assuming this level of responsibility and authority.

4. Demonstrate professional roles and context-appropriate professional boundaries with clients, colleagues, and other service providers.

5. Demonstrate familiarity with clients’/target population’s needs and concerns related to receiving services.

6. Advocate for client access to applicable support and social work services.

Work Plan

Revisions:

Evidence to support rating:
This section of the Field Practicum Contract situates direct social work practice in a broad context: the economy, culture, larger human services system and the sociopolitical environment both derived from and impacting policy, services formation, and practice.

E. PROFESSIONAL CONTEXT: Recognize and respond to the evolving organizational, community, and societal contexts of social work practice.

Practice Tasks

1. Demonstrate an awareness of how changing locales, populations, scientific and technological developments, organizational structures, the economy and emerging societal trends impact services and social work practice at the practicum site.

2. Identify how the site has gone about being informed, resourceful, and productive in responding to these changes.

3. Identify programs/services, relevant to these changes, which have been or are being developed by the agency.

4. Identify how the site is being reactive to these changes, i.e. responding in ways that are not productive to the provision of quality social services.

5. Identify societal trends that affect personal biases towards related services.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:

F. HUMAN RIGHTS AND SOCIAL JUSTICE: Apply knowledge of oppression and engage in practices that advance social, economic, and political justice in working with diverse populations and organizations.

Practice Tasks

1. Demonstrate awareness and understanding of the forms, mechanisms and effects of oppression, discrimination and historical trauma to guide treatment planning and interventions with clients at the practicum site.

2. Identify strategies of change utilized by the practicum site that advance social and economic justice.

3. Develop and apply knowledge of culturally appropriate, effective, empowering change strategies that promote social justice and client autonomy.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:
G. SOCIAL POLICY: Analyze the implications of policy on client problems.

Practice Tasks

1. Demonstrate the ability to analyze sociopolitical factors that impact the lives and problems of practicum site clients.
2. Identify the structural/societal sources and uses of power and authority that shape policy and services formation at the practicum site.
3. Articulate the implications of policies and policy change in the lives of clients.
4. Demonstrate the ability to articulate the parameters of a specific agency policy to clients.
5. Analyze how that specific agency policy is derived from a broader social policy.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:

Social Work education is academically grounded in the Liberal Arts. This section of the Contract is focused on the profession’s theoretical knowledge base, intellectual orientation and the process of professional discernment.

H. DIVERSITY: Apply knowledge of the profound impact of ‘difference’ upon the life experiences of the client; communicate understanding of this knowledge to the client throughout the practice process.

Practice Tasks

1. Articulate with field instructor insight regarding life experiences of the “different” client.
2. Recognize personal biases and values while working with diverse populations.
3. Gain sufficient self-awareness to eliminate the influence of personal biases and values in working with diverse individuals and groups.
4. Demonstrate the ability to listen to clients until they feel understood.
5. Generate verbal and nonverbal practice skills that appropriately communicate insight and understanding of the impact of “difference” in life experiences.
6. Communicate information about diverse client groups to other professionals.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:
I. HBSE/THEORY: Utilize multiple theoretical frameworks to understand ‘person in environment’ in the application of social work practice with clients.

Practice Tasks

1. Articulate multiple theoretical frameworks used in social work practice that are relevant to the practicum site.
2. Select and apply appropriate theoretical frameworks to guide assessments and interventions with clients.
3. Critically analyze the extent to which practicum site frameworks are compatible with a person-in-environment understanding of human development and behavior.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:

J. RESEARCH: Use research findings to inform social work assessments and interventions.

Practice Tasks

1. Identify empirically-based knowledge/research findings relevant to social work practice at the practicum site.
2. Utilize research findings to identify appropriate assessment procedures, select effective client interventions/strategies, and monitor practice effectiveness.
3. Identify the site’s existing utilization of empirical methods of practice evaluation.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:

K. CRITICAL THINKING: Apply critical thinking skills, logic, scientific inquiry, and reasoned discernment to professional judgment in social work practice.

Practice Tasks

1. Analyze and evaluate agency models of assessment, prevention, intervention and evaluation in terms of their appropriateness for the agency’s clients and target systems.
2. Analyze the degree to which the agency assessment process adequately yields information that guides intervention planning.
3. Identify multiple possible responses to client problems and evaluate the consequences of the identified responses.

Work Plan

Revisions:
Evidence to support rating:

Strategies to increase competence:

L. PRACTICE: Apply the knowledge and skills of an integrated and contextualized social work perspective to practice with individuals, families and groups; progress towards independent work with clients, based upon self-monitoring and select utilization of informed supervisory guidance and consultation.

This section of the Contract is devoted to the direct social work practice process. Practicum students must demonstrate competence in the beginning, middle and ending phases of this process over the span of the practicum. In the Field Practicum Contract, practice competence is broken into five (5) practice steps the student must demonstrate during the practicum. Individual students progress at different rates and practicum sites vary widely in the types and organization of social services they offer. Therefore, some placements may include all five practice steps early in the practicum and others may introduce the student to them gradually. However, over the course of the practicum experience, Concentration Year students must demonstrate competence in all practice steps.

In addition to practice steps, assignments in this section must also include written professional communication which is directly linked to the student’s practice activities with clients/client systems. If needed, professional writing assignments can be created only for use in the practicum and destroyed later.

DEMONSTRATIONS OF PRACTICE COMPETENCE MUST BE DIRECTLY OBSERVED AND EVALUATED BY THE FIELD INSTRUCTOR OR BY A PRECEPTOR FOR EACH PRACTICE STEP. Instructor observations should occur when the student has achieved his/her highest level of performance in each practice step.

There are two grading checkpoints, one at mid-practicum and one at the end of the practicum. During the first part of the practicum, practice steps which have not yet been demonstrated by the student can be marked “delayed.” During the second part of the practicum, practice steps which have been demonstrated only during the first part of the practicum can be marked “see part 1.”

At evaluation, along with a performance rating, each instructor will signify the process by which the student was exposed to and given opportunity to participate in each step of the practice process. This will be signified by entering all relevant numbers from the scale below. A student could have as many as six numbers for one practice step, depending on the learning process involved.

<table>
<thead>
<tr>
<th>Learning Process Involved</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practice – Preparation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Practice Tasks</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Identify and become familiar with specialized knowledge and skills needed to practice in the practicum placement’s area of social work practice.</td>
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<tr>
<td>Some Examples:</td>
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<tr>
<td>Child Welfare (knowledge of the legal system)</td>
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<tr>
<td>Schools (safety plans, IDEA)</td>
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</tbody>
</table>
Mental Health (DSM, psychotropic medication)
Veterans (privacy training, PTSD/TBI framework)
Medical (medical terminology)
Drug & Alcohol Prevention (assessment tools)
Special Training (crisis intervention, suicide assessment, etc.)
2. Actively prepare for work with clients by collecting, organizing and interpreting client information.
3. Affectively prepare for action with clients.
4. Seek supervisory guidance as necessary.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:

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**Practice – Engagement**

<table>
<thead>
<tr>
<th>Practice Tasks</th>
<th>Learning Process Involved</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Demonstrate ability to develop and maintain strengths based relationships and processes with a variety of client systems.</td>
<td>1 2 3 4 5 6</td>
</tr>
<tr>
<td>2. Identify special engagement needs of diverse clients.</td>
<td></td>
</tr>
<tr>
<td>3. Demonstrate ability to explain to clients the “big picture,” i.e. the context of your engagement with them, the nature of your role, how the process of continued engagement will work and what is known about what to expect.</td>
<td></td>
</tr>
<tr>
<td>4. View self as a ‘learner’ and clients as ‘informants.’</td>
<td></td>
</tr>
<tr>
<td>5. Apply basic interviewing skills (active listening, appropriate use of empathy &amp; compassion, differential use of self, language that is affirmative, constructive and encouraging, etc.) to respectfully engage diverse client systems; recognize and demonstrate other interpersonal skills as needed when working with clients.</td>
<td></td>
</tr>
<tr>
<td>6. Generate verbal and nonverbal skills that communicate insight and understanding of the impact of ‘difference’ in life experiences.</td>
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</tr>
<tr>
<td>7. Develop a mutually agreed upon focus of work and desired outcomes.</td>
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<tr>
<td>8. Accurately convey the operative extent of client confidentiality.</td>
<td></td>
</tr>
</tbody>
</table>

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:
Social Work Assessment

Although students may use assessment instruments to help guide them, in the practicum they must assess by engaging clients in an interview format. If opportunities to conduct this type of assessment are not available at the practicum site, field instructors will need to create opportunities for the student. In that event, the student may do a social history, needs assessment, Genogram, focus group, ecomap, etc. At evaluation, as with all of the practice steps, the student’s rating must be based on actual observation of assessment interviewing performance and professional communication about the assessment process and outcome.

Practice – Assessment

<table>
<thead>
<tr>
<th>Practice Tasks</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Demonstrate familiarity with requirements of the specific assessment process.</td>
</tr>
<tr>
<td>2. Utilizing a person-in-environment perspective, work collaboratively with clients to assess specific problems, strengths, limitations, challenges, coping patterns, motivation, assets and opportunities.</td>
</tr>
<tr>
<td>3. Demonstrate effective use of engaging skills when performing assessments.</td>
</tr>
<tr>
<td>4. Demonstrate ability to use both close-ended and open-ended questions and an understanding of when each is more effective.</td>
</tr>
<tr>
<td>5. Recognize and distinguish between verbal and non-verbal communication as expressed by clients during the assessment process.</td>
</tr>
<tr>
<td>6. Demonstrate ability to translate data collection into the assessment form or format.</td>
</tr>
<tr>
<td>7. Develop mutually agreed upon goals and objectives.</td>
</tr>
<tr>
<td>8. Identify and select appropriate intervention strategies.</td>
</tr>
<tr>
<td>9. Demonstrate effective oral and written communication of the assessment process and outcome.</td>
</tr>
<tr>
<td>10. Define the assessment outcome with implications for both micro and macro change.</td>
</tr>
</tbody>
</table>

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:
Practice – Intervention

Practice Tasks
1. Initiate actions to achieve organizational goals.
2. Help clients resolve problems.
3. Demonstrate ability to execute micro/mezzo tasks working directly with clients.
4. Demonstrate ability to execute macro tasks on behalf of client systems.
5. Implement prevention intervention strategies that enhance client system capacities.
6. Apply knowledge of resources appropriate to client systems.
7. Facilitate appropriate referrals, transitions and endings with the practicum facility.
8. Negotiate, mediate, and advocate for clients.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:

Practice – Evaluation

Practice Tasks
1. Critically monitor, analyze and evaluate intervention outcomes and effectiveness.
2. Utilize evaluation feedback to confirm, update or alter intervention strategies.
3. Evaluate the degree to which selected interventions do or do not build client autonomy.
4. Incorporate evaluation information into ongoing practice behavior.
5. Practice personal reflection, self-monitoring and self-correction to assure continual professional development.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:
M. PROFESSIONAL COMMUNICATION Apply critical thinking skills, social work ethics, professional discernment and judgment in communicating with, about, or in behalf of client systems - in both oral and written format.

Practice Tasks

1. Demonstrate appropriate, focused, and well-organized oral communication skills with clients and at agency and community meetings.

2. Demonstrate ability to organize and record accurate client data, assessments, intervention efforts and outcomes, in appropriate formats, utilizing professional terminology.

3. Demonstrate appropriate, focused and well organized written communication skills in composing reports and professional correspondence.

Work Plan

Revisions:

Evidence to support rating:

Strategies to increase competence:
WORKPLAN DEVELOPMENT COMPLETION SIGNATURES AND DATES

Student: ___________________________ Date: ___________________________

Field Instructor(s): ___________________________ Date: ___________________________

Faculty Liaison: ___________________________ Date: ___________________________

EVALUATION OF STUDENT PERFORMANCE – SWK 5816

I. Summary of Student’s Primary Responsibilities

________________________________________________________________________

II. Summary of Student Achievement

________________________________________________________________________

III. Student Strengths:

________________________________________________________________________

IV. Student Limitations or Areas Identified for Additional Experiences, including Performance Improvement Plans

________________________________________________________________________

V. Student Comments

________________________________________________________________________

Grade Recommendation: ☐ Satisfactory ☐ Unsatisfactory

Before you make your grade recommendation, please review the practicum grading policy in the Field Practicum Manual.

SIGNATURES AND DATES

Student: ___________________________ Date: ___________________________

Field Instructor(s): ___________________________ Date: ___________________________

Faculty Liaison: ___________________________ Date: ___________________________